



TAILWIND



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Brown installed as Air Force chief of staff

Charles Pope

SECRETARY OF THE AIR FORCE
PUBLIC AFFAIRS

JOINT BASE ANDREWS, Md. — Proclaiming himself “proud, yet humbled,” Gen. Charles Q. Brown Jr. was officially installed Aug. 6 as the Air Force’s 22nd chief of staff, becoming the first African American in history to lead a military service as its highest ranking officer.

In remarks following the formal transfer-of-responsibility ceremony in which he took over from retiring Gen. David L. Goldfein, the 21st chief of staff, Brown acknowledged an array of people who influenced his life.

Among those recognized were his wife, Sharene, and his parents, as well as a list of Air Force colleagues, including Goldfein and other “extraordinary leaders.”

Yet, cognizant of the moment in history, Brown also noted, “Today is possible due to the perseverance of those who went before me serving as an inspiration to me and many others.”

“Those like the Tuskegee Airmen, Benjamin O. Davis Jr., Chappie James, African American leaders across our Air Force and military, past and present, to include today’s special guest, Ed Dwight, America’s first African American astronaut candidate,” he said. “It is due to their trials and



U.S. Air Force photo/Wayne Clark

Secretary of the Air Force Barbara M. Barrett, left, administers the oath of office to incoming Air Force Chief of Staff Gen. Charles Q. Brown Jr., right, during the CSAF transfer-of-responsibility ceremony Aug. 6 at Joint Base Andrews, Maryland. Brown is the 22nd chief of staff of the Air Force.

tribulations in breaking barriers that I can address you today as the Air Force chief of staff.”

Brown, who previously served as commander of Pacific Air Forces, was elevated to his new assignment during a solemn, socially distanced, 90-minute ceremony that focused on his achievements while also honoring Goldfein’s 37-year service in the Air Force and his four years as chief of staff.

Among those paying tribute were Defense Secretary Mark Esper, Department of the Air Force Secretary Barbara Barrett and Chairman of the Joint Chiefs of Staff Gen. Mark A. Milley. The ceremony also honored Goldfein as Esper presented him with the Defense Distinguished Service Medal.

Esper honored Dawn Goldfein as well, presenting her with the Department of Defense Distinguished Public

Service Award.

“General Goldfein, Dave, our Airmen thrive in today’s environment because of your strong leadership and your steadfast commitment to upholding the core values of the Air Force – integrity, service, and excellence, each and every day,” Esper said. “The United States of America is safer because of you. Thank you for your lifetime of service to our great nation.”

Moments later, in remarks to the new chief of staff, Esper said, “In returning to the Pentagon, General Brown brings with him more than 35 years of service distinguished by a depth of expertise and experience that makes him exceptionally qualified to be our nation’s next Air Force chief of staff.

“I am confident you will take the Air Force to greater heights and I’m excited to watch you lead.”

In her remarks, Barrett offered similar praise for Goldfein’s service and accomplishments. Like others, she expressed confidence that Brown has the correct mix of experience and temperament to lead the Air Force to a bright and dominant future.

Brown, she said, “brings a wealth of joint leadership experiences and global perspectives to his new role as 22nd chief of staff of the Air Force. Embodying the Air Force core values of integrity, service before self, and excellence in all we do, General Brown has the right character, experience and perspective to lead the United States Air Force.”

Like Goldfein and those who came before, Brown as chief of staff is responsible for ensuring the Air Force is trained, ready and equipped to accomplish any mission at any time.

Yet he’s also taking the reins of an Air Force in transition,

See **BROWN** Page 20

CRW Airmen assist with hurricane preparedness

Tech. Sgt. Luther Mitchell Jr.

621ST CONTINGENCY RESPONSE WING
PUBLIC AFFAIRS

JOINT BASE MCGUIRE-DIX-LAKEHURST, N.J. — Airfield survey teams from the 621st and 821st Contingency Response Groups recently returned from conducting airfield assessments in southern U.S. states in support of Defense Support for Civil Authorities.

The two-week mission in July included surveys in Brownsville, Harlingen, McAllen and Dallas Fort Worth Airport in Texas as well as various areas across Louisiana. All are considered critical locations by the U.S. Transportation Command during hurricane operations.

“We perform these surveys to understand the layout of the airfields and understand how our operations will be conducted,” said Capt. Robert Green, 821st Contingency Response Support Squadron director of training. “This becomes important for knowing the number of aircraft that we can beddown, types of aircraft that can land, cargo capabilities and limitations, and staging of broader scale missions.”

Airfield assessments generate two products: the Air Force Form 1174, Airfield Survey, and the Contingency Airfield Pavement Evaluation.

The CAPE is completed by civil engineers and outlines the structural capacity of the airfield pavements.

“This is important because it outlines exactly where it is safe to operate medium and heavy load aircraft,” said Tech. Sgt. Christopher Anderson, 621st Contingency Response Support Squadron engineering assistant.

The AF Form 1174 provides an overview of the airfield’s capabilities, features and available support functions.



Courtesy photo

Airfield assessment team members from the 621st and 821st Contingency Response Groups compare an experimental, automated dynamic cone penetrometer to conventional data-gathering methods July 11 at Houma-Terrebonne Airport, Louisiana. The DCP saves time by streamlining the airfield assessment testing and data collection process.

CRG airfield assessment teams help make it possible to provide aid and relief to federal, state and international agencies and impact the lives of all those involved.

“There is a great sense of job satisfaction that comes with providing airfield structural and suitability data,” Anderson said. “Our data is often used by mission planners and, in this case of

the DSCA, hurricane preparation surveys will be used to tailor hurricane response playbooks for multiple agencies.”

Also known as an Alpha Papa team, an airfield assessment team conducts detailed airfield surveys and are comprised of eight Air Force specialty codes including civil engineer, airfield management, fuels, air transportation, contracting and security forces. The 621st

CRG team is based out of Joint Base McGuire-Dix-Lakehurst, New Jersey, and the 821st CRG team is based out of Travis Air Force Base, California.

As America’s only contingency response wing, airfield assessments are critical for ensuring the 621st Contingency Response Wing is always ready to respond to military and civilian authorities in need of help.

Tailwind

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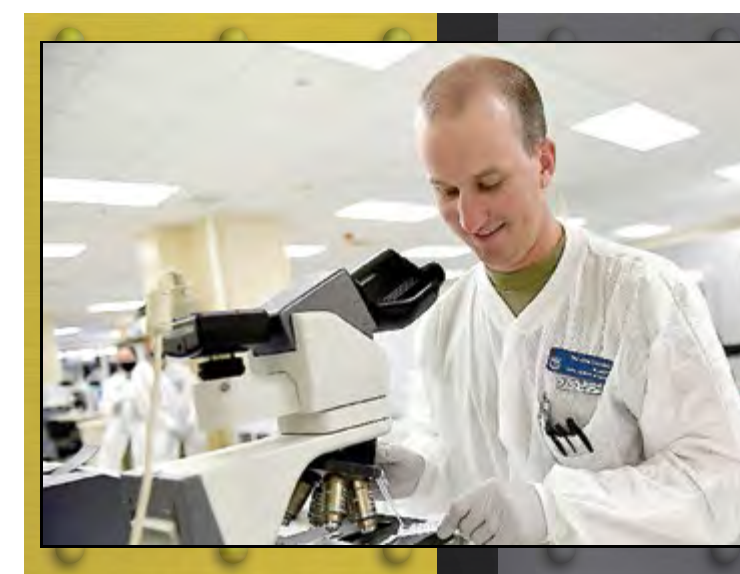
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On the cover

U.S. Airmen assigned to the 60th Aerial Port and 21st Air-lift squadrons push a Negatively Pressurized Conex into a C-17 Globemaster III Aug. 5 at Travis Air Force Base, California.

U.S. Air Force photo/Lan Kim



U.S. Air Force photo

WARRIOR OF THE WEEK

Name: Senior Airman John Capasso.

Time in service: Two years.

Unit: 60th Medical Diagnostics and Therapeutics Squadron.

Family: Spouse, Jessica.

Duty title: Medical laboratory technician.

Hometown: Coronado, California.

What are your hobbies? Snowboarding, softball/baseball, fishing, paintball.

What are your goals? My father was a helicopter pilot in the Navy and I would like to follow in his footsteps. I plan to become a warrant officer in the Army and

What is your greatest achievement? Graduating from college while being a college athlete and marrying my wife.



U.S. Air Force photo/Roland Balk

U.S. Air Force Senior Airman Kristopher Guillen, 436th Operations Support Squadron Radar Approach Control air traffic controller, answers questions from Air Force Junior Reserve Officers' Training Corps cadets during a tour of the RAPCON facility and control tower July 23, 2019, at Dover Air Force Base, Delaware. Cadets who attended the academy from Delaware State University, a historically Black college, spent half of the day touring aviation-related facilities and aircraft.

Scholarships help HBCU students

Secretary of the Air Force Public Affairs

WASHINGTON — The Department of the Air Force announced this week it has extended more than 100 scholarship offers to new students attending historically Black colleges and universities in the fall of 2020, as part of its efforts to increase diversity in its officer ranks.

The Air Force Reserve Officer Training Corps coordinated with leadership within Junior ROTC and its aviation program, the AF-JROTC Flight Academy, to find rising college freshmen who had demonstrated leadership ability, aviation competencies, a propensity to serve in the U.S. military and an interest in attending an HBCU.

“Air Force senior leadership wants to drive opportunities for both our department, in how we embrace a more inclusive culture, and for our ROTC students to rise to an academic challenge,” said Brig. Gen. Leslie A. Maher, commander of the Jeanne M. Holm Center for Officer Accessions and Citizen Development. “Thus, in coordination with the Diversity and Inclusion Task Force, the leadership requested something new and bold from ROTC in order to pursue increasing the diversity of accessions through the ROTC program.”

As part of this program, students who remain in good standing with ROTC at HBCUs will receive four-year, Type 1 scholarships that cover full tuition and fees

as well as provide an annual book stipend. Students offered the scholarships come from a full spectrum of racial, ethnic and gender categories, as required by law, however Air Force leadership have highlighted the benefits of targeting particular institutions.

“Although HBCUs make up a small percentage of our nation’s colleges and universities, they have historically graduated a large percentage of Black/African Americans with (science, technology, engineering, and mathematics) degrees,” said Col. Christopher Bennett, Air Force ROTC commander. “Additionally, because the student bodies of HBCUs tend to have a higher percentage of racial and ethnic diversity, students at those schools have more

opportunities to learn from the valuable insights of their peers that should help them be better leaders to all the diverse Airmen they will be responsible to lead.”

Some of the students chosen to receive these scholarships had been vetted through the competitive flight academy selection process, and had been assessed by program commanders to have demonstrated leadership traits the Air Force is looking for in its officer corps. All the scholarship students will meet the standards of ROTC scholarship recipients to keep the scholarship through their school tenure and commission upon graduation.

To learn more about the AFROTC program to include scholarships, visit www.afrotc.com/.

Video chat to boost senior fitness

Travis AFB Retiree Activities Office

In coordination with the Beale Air Force Base clinic and Beale and Travis Air Force Base Retiree Activities Offices, an educational video conference covering functional fitness will take place.

The speaker is Dale Collins, an exercise physiologist and the health promotions manager for the Beale clinic.

The video conference is scheduled to take place at 2 p.m. Aug. 20. The video conference is open to military retirees, their significant others and widowed beneficiaries.

Those looking to maintain an active lifestyle as well as the stability, strength and flexibility to stay active and live life to the fullest during their senior years will not want to miss this session.

Those interested will need to download Zoom software and install it on their computers to participate in the video conference.

The software is available for download from Zoom’s webpage at <https://zoom.us/>. Download the version for the user’s computer or tablet’s operating system.

YouTube has many excellent how-to videos that can walk individuals through the process of installing, setting up a Zoom account and using the software to view and participate in video meetings and conferences. Just type in Zoom tutorials in YouTube’s search box to find and access the tutorials.

See FITNESS Page 15

US helps Beirut after deadly explosion



U.S. Air Force photo/Staff Sgt. Justin Parsons

U.S. Airmen load humanitarian aid supplies onto a U.S. Air Force C-17 Globemaster III at Al Udeid Air Base, Qatar, Aug. 6, bound for Beirut. U.S. Central Command is coordinating with the Lebanese Armed Forces and U.S. Embassy-Beirut to transport critical supplies as quickly as possible to support the needs of the Lebanese people after the deadly port explosion Aug. 4.

Tech. Sgt. Michael Battles 379TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

AL UDEID AIR BASE, Qatar — In a joint endeavor to assist the Lebanese armed forces and the people of Lebanon after a deadly Aug. 4 explosion in Beirut, U.S. Airmen and Soldiers stationed in Qatar worked Aug. 6 to load the first U.S. Air Force C-17 Globemaster III with humanitarian aid.

Personnel from the 379th Air Expeditionary Wing, Air Mobility Command’s 8th Expeditionary Air Mobility Squadron and 816th Expeditionary Airlift Squadron on Al Udeid Air Base, and the Area Support Group-Qatar from Camp As Sayliyah worked to palletize food, water and medical

supplies delivered to Beirut later that day.

“Support of this magnitude at such speed wouldn’t be possible without the joint effort of all members of Al Udeid Air Base, our U.S. Army counterparts at Camp As Sayliyah and our gracious Qatari partners,” said Brig. Gen. Daniel Tulley, 379th Air Expeditionary Wing commander. “In the wake of tragedy, it truly takes a combined effort to make the mission happen. We do this every day in Qatar and that’s exactly what we are doing in support of the Lebanese Armed Forces.”

Soldiers from the ASG-Qatar at Camp As Sayliyah packed and loaded 11 pallets of humanitarian aid, which contained

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Academy cadets celebrate Acceptance Day

Ray Bowden

U.S. AIR FORCE ACADEMY PUBLIC AFFAIRS

U.S. AIR FORCE ACADEMY, Colo. — The U.S. Air Force Academy welcomed the Class of 2024 into the cadet wing with a ceremony and parade Aug. 10 at Stillman Parade Field.

Despite strict parameters to mitigate the coronavirus, including spatial distancing, mandatory wear of facemasks and a limited audience, Acceptance

Day held all the tradition one would expect at an event usually attended by thousands of friends and relatives.

“I congratulate the Class of 2024 on navigating a new training environment even while adapting to the basic tenets of military service,” said Lt. Gen. Jay Silveria, USAFA superintendent. “I’m proud of these cadets for demonstrating the type of resilience and determination we look for in our future officers.”

Acceptance Day marks the end of Basic Cadet Training, six weeks of mental, physical and military training. During the ceremony, cadets marched in parade formation and received their fourth-class shoulder boards, signifying their acceptance into the cadet wing. Successfully completing BCT is one of the first steps cadets take toward earning a commission as an Air or Space Force officer.

“I also credit the cadet cadre and the professionals in the cadet wing for executing a challenging BCT curriculum, while adhering to social distancing and mask-wearing policies that help protect the health of the entire Academy installation and community,” Silveria said.



U.S. Air Force Academy photo/Trevor Cokley
Cadets pin fourth-class shoulder boards onto the uniform of a trainee Aug. 10 at the U.S. Air Force Academy, Colorado Springs, Colorado, during Acceptance Day. Acceptance Day marks the end of Basic Cadet Training.

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Air Force authorizes pants option for mess dress

Secretary of the Air Force Public Affairs

WASHINGTON — Based on overwhelming feedback from the field, Department of the Air Force officials announced Aug. 4 that women may elect to wear pants or a skirt with their mess dress uniform.

The changes, which are effective immediately, are outlined in an exception-to-policy memorandum addressed to all Air Force personnel.

“It’s our responsibility to provide flexible uniform options that are functional

and comfortable for all Air and Space professionals,” said Lt. Gen. Brian Kelly, deputy chief of staff for manpower, personnel and services. “We have a lot of people working really hard to review our existing policies to make sure there are no unintended barriers or unfair practices that may be impacting specific groups of people on our team. We still have our work cut out for us, but this is a step in the right direction in creating an inclusive culture.”

Previously, women were required to wear a floor-length skirt with the mess

dress uniform. As an interim solution, until women’s mess dress slacks are available for purchase in approximately 18-24 months, women are authorized to immediately purchase and alter men’s mess dress trousers.

Alterations for women opting to wear the men’s mess dress trousers will be provided by the Army and Air Force Exchange Service at no cost to the member.

“We hear you,” said Chief Master Sergeant of the Air Force Kalet Wright. “This is a bit of good news for some of our teammates who’ve wanted this change

for a while now. (It’s) a small thing, but one that I hope can go a long way to helping Airmen realize that we listen, we hear and we care.”

Changes will be incorporated in the next update of Air Force Instruction 36-2903, Dress and Personal Appearance of Air Force Personnel. In the interim, for more information, the exception to policy memorandum and frequently asked questions are available on the public website of the Air Force’s Personnel Center at <https://www.afpc.af.mil/Career-Management/Dress-and-Appearance/>.

Sergeant harnesses resilience to recover

Air Force Wounded Warrior Program

JOINT BASE SAN ANTONIO-RANDOLPH, Texas — Reality hit when then-Airman 1st Class Brittany Johnson of the 49th Logistics Readiness Squadron left the hospital in September 2010 after a week-long stay for sexual and physical assault.

“I didn’t feel like myself,” said Johnson, now a technical sergeant with the 36th Civil Engineering Squadron. “I couldn’t find joy in activities anymore.”

While at home on convalescent leave, Johnson found herself reliving memories of her assault. She couldn’t move on from her traumatic experience and started having nightmares, flashbacks and panic attacks. Waking up in a dark room or coming across reminders of her attacker, like a similar last name, haircut or car model he drove, would trigger her symptoms.

Her symptoms had a large impact on her daily life. She became distrustful of people and withdrew from personal interactions, including her 19-month-old daughter. Johnson lost interest in activities she had enjoyed before, even those as simple as taking a walk. “I wanted to sleep all day even though I couldn’t fall asleep,” recalls Johnson as she often was too tired to get out of bed.

Johnson felt her life slipping away from her control until a conversation with her mother made her pause, “How can you take care of anyone else until you take care of yourself?” Johnson remembers her mother’s words, “How can you pour from a cup that’s empty?”

Those words stuck with Johnson. Having the support of her family gave Johnson the strength to reach out for help so she could take back power over her life.

In October, one month after leaving the hospital, Johnson made an appointment at the mental health clinic and talked to her supervisor, as a courtesy while still on convalescent leave, to let him know she was seeking treatment. The provider diagnosed her with post-traumatic stress disorder, anxiety and depression and recommended a mix of therapy and medication.

“In the beginning, I was the roadblock,” Johnson talks about her early days of treatment. “I was so shut down that I had a hard time opening up and talking about what happened.”

But the providers were supportive and worked with Johnson to personalize her treatment, including helping Johnson open up by switching her to a different therapist with whom she felt a more personal connection.

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Guidance changes shape of design

Secretary of the Air Force Public Affairs

WASHINGTON — The Department of the Air Force issued a new guidance memorandum Aug. 4 that implements policy and standards for establishing body size design specifications for all acquisitions programs using current male and female recruitment population data.

Air Force Guidance Memorandum 2020-63-148 establishes that all program managers work with their lead commands to use the central 95% of the U.S. recruiting population body size when defining design specifications for

aircrew flight equipment and new aircrew or operator station designs.

“With accelerating disruptive technologies, like artificial intelligence, ubiquitous sensing and autonomy, rewriting air power for all nations, not just the U.S., continuing our rich tradition of operator advantage is paramount to overcome unprecedented battlefield challenges,” said Dr. Will Roper, assistant secretary of the Air Force for acquisition, technology and logistics, in a memo distributed across the department. “Ensuring our maximum recruitment population

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U.S. Air Force photo/Richard Hollies

U.S. Air Force Gen. Arnold W. Bunch Jr., commander of Air Force Materiel Command, and U.S. Air Force Chief Master Sgt. Stanley C. Cadell, AFMC command chief, address questions in front of a live, virtual audience during a virtual town hall July 29 at Wright-Patterson Air Force Base, Ohio.

Town hall confronts virus, diversity, future of AFMC

Marisa Alia-Novobilski
AIR FORCE MATERIEL COMMAND

WRIGHT-PATTERSON AIR FORCE BASE, Ohio — Diversity and inclusion, the coronavirus pandemic and the strategic direction of the Air Force Materiel Command were among the many topics covered July 29 during a virtual town hall.

Gen. Arnold W. Bunch Jr., AFMC commander, and Chief Master Sgt. Stanley C. Cadell, AFMC command chief, addressed questions in front of a live, virtual audience during the event streamed live on the AFMC Facebook page.

“The most important thing I’m going to tell you today is just thank you for what you’re doing,” Bunch said during opening remarks. “Each and every day, you have fully embraced the mantra that I’ve used in the past: we execute our wartime mission each and every day.”

The event began with a discussion on AFMC successes during coronavirus restrictions. Bunch lauded the teamwork, innovation and dedication of Airmen across the command in ensuring critical missions remained on task while also supporting the Department of Defense-wide response to the pandemic. He cited the ongoing work by the Air Force Research Laboratory’s Epidemiology Lab in COVID-19 testing, efforts to create protective gear leveraging 3-D printing technology, the rapid embrace of telework in AFMC organizations and the creativity of Airmen in ensuring test missions remained on track, among others, as just some of the ways the command adapted to COVID-19.

“I am extremely proud of how you have continued to execute (our) mission in the face of the COVID-19 pandemic. In less than three months, we

developed an entirely new system (the Negatively Pressurized Conex) to be able to transport ill Airmen in C-17 (Globemaster III) and C-130 (Hercules) that took Airmen from the Life Cycle Management Center ... working together with members of the Air Force Research Laboratory, members of Air Force Test Center and members of the Sustainment Center. We did all that in less than three months and put a new capability out in the field,” Bunch said. “That’s the power that we as the Air Force Materiel Command bring to the fight. And that’s why you all are our most valuable resource.”

As discussion continued on COVID-19, Bunch talked about the importance of following local and command guidelines, including the use of face coverings, good hygiene and maintaining social distancing, as individuals across AFMC begin to return to

See TOWN HALL Page 15



Japanese Air Self-Defense Force courtesy photo

A B-1B Lancer conducts integration training July 27 with the Koku-Jieitai, or Japanese Air Self-Defense Force, in the vicinity of Japan. The B-1s integrated with Koku-Jieitai to enhance bilateral interoperability and mutual readiness between the U.S. and Japan.

B-1 crew trains with Japan, USS Ronald Reagan in Guam

1st Lt. Joshua Sinclair
28TH BOMB WING PUBLIC AFFAIRS

ANDERSEN AIR FORCE BASE, Guam — A B-1B Lancer launching from Andersen Air Force Base in Guam conducted a bilateral mission with Japan and a joint mission with the USS Ronald Reagan Carrier Strike Group Aug. 7 in the Indo-Pacific region.

The B-1, from the 37th Expeditionary Bomb Squadron, integrated with the eight F-2s and six F-15s from the Koku-Jieitai, or Japanese Air Self-Defense Force, in the vicinity of Japan, to improve interoperability and readiness between the two nations’ forces.

“Opportunities to train alongside our joint partners and allies in the region are an

invaluable experience for our Airmen,” said Lt. Col. Lincoln Coleman, 37th Expeditionary Bomb Squadron commander. “Not only are we able to highlight our continued commitment to our allies, but it also increases our ability to integrate with one another and strengthen our combined capabilities.”

The B-1 also conducted joint war training at sea with the Reagan CSG in the Sea of Japan.

“Integration with our joint partners is essential to ensuring joint force responsiveness and lethality, and maintaining a free and open Indo-Pacific,” said U.S. Navy Cmdr. Joshua Fagan, Task Force 70 air operations officer. “The recent integrated training between our carrier strike group and Air

Force B-1s is the latest example of how we are continually working to stay synched with all of our joint partners and ready to respond to any contingencies throughout the region.”

B-1s are deployed to Guam from Ellsworth Air Force Base, South Dakota, to conduct long-range, long-duration Bomber Task Force missions, which give aircrews opportunities to train alongside allies and partners in a joint environment and build interoperability to bolster their ability to support a free and open Indo-Pacific.

The continual interoperability training is designed to promote stability, security and seamless integration throughout the Indo-Pacific for the U.S. Air Force and joint and partner forces.

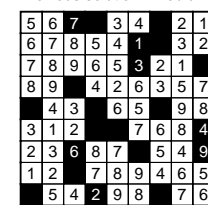
Puzzles

STR8TS

No. 503

Tough

Previous solution - Medium



How to beat Str8ts
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

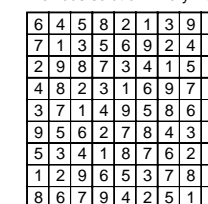
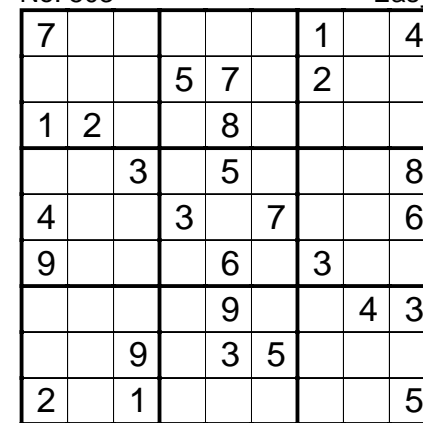
You can find more help, tips and hints at www.str8ts.com

SUDOKU

No. 503

Easy

Previous solution - Very Hard



To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

The solutions will be published here in the next issue.

Voluntary Leave Transfer Program

The following Travis employees are approved as leave recipients through the Voluntary Leave Transfer Program: Rebecca Austria, 60th Maintenance Group; John Butler, Special Tactics Training Squadron; Jaquaynn Cabanlit, Travis AFB Commissary; Neftaly Clark, 1st Special Operations Force Support Squadron; David Duncan, 319th Reconnaissance Wing, Grand Forks AFB; Rabiye Hamilton, Travis AFB Commissary; Patrick Hodge, United States Transportation Command, Scott AFB; Mark Holmes, 10th Contracting Squadron; Dina Patterson-Steward, 60th Aerial Port Squadron; Jason Perkins, Grand Forks AFB; Gina Silva, Air Force Academy headquarters; Jean Sommer, Travis AFB Commissary; Maria Thammasen, 60th Force Support Squadron; and Dennis Weaver, Air Force Manpower Agency.

The VLTP allows an employee who has a medical emergency or is affected by a medical emergency of a family member and is without availability of paid leave to receive transferred annual leave directly from other employees. For more information, call 707-424-1720.

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New patient transport system to bolster fight against COVID-19



1

Story and photos by Lan Kim
60TH AIR MOBILITY WING PUBLIC AFFAIRS

Travis Air Force Base gained a new isolated containment chamber Aug. 5 that can safely transport up to 24 walking patients, or eight patients on a stretcher with infectious diseases, such as the novel coronavirus, aboard an aircraft.

The unit, called a Negatively Pressurized Conex, is the third one of its kind, with the first two already at Joint Base Charleston, South Carolina and Ramstein Air Base, Germany.

Earlier this year, the Department of Defense and Air Force developed and procured the NPC in less than 30 days in response to a U.S. Transportation Joint Urgent Operational Need to transport COVID-19 patients.

Upon its arrival to Travis AFB, an NPC program manager and deputy program manager from the Air Force Life Cycle Management Center's Air Force Chemical, Biological, Radiological, and Nuclear Defense Systems Branch (AFLCMC/WNU), inspected the conex. They also oversaw the transfer of the NPC from Delta Flight Products in Atlanta, Georgia, where it was manufactured, to the cargo bay of a Travis AFB C-17 Globemaster III staged to support alert

aeromedical evacuation missions.

"We were with the NPC as it was being produced," said U.S. Air Force Capt. Alexis Todaro, AFLCMC/WNU NPC program manager. "We did both inspections, as well as functional checks to make sure the asset was performing and everything was included as contracted. We followed it to Travis and made sure the offload went smoothly. Next, we'll work with the aeromedical team that is here training and go over a few of the features they may or may not be familiar with."

The first operational use of an NPC took place July 1, moving 12 patients from the U.S. Central Command area of responsibility to Ramstein Air Base, Germany. Since then, it has undergone several iterations of testing and user feedback, Todaro said.

Compared to its predecessors, the NPC that arrived at Travis has notably bigger doors and windows to allow for better visual communication, as well as seats with increased safety factor ratings, Todaro said.

The new system will amplify Travis AFB's current infectious disease patient transport capabilities which consists of eight Transport Isolation Systems.

The TIS, which has been the primary

means for the Air Force to transport COVID-19 patients since the onset of the coronavirus pandemic, is only capable of transporting up to four patients.

The NPC has a greater capacity of transporting up to 30 aircraft passengers and multiple configurations to accommodate combinations of ambulatory and litter patients, as dictated by the mission, said 1st Lt. Donald Wiegner, AFLCMC/WNU NPC deputy program manager.

Due to its capacity, the NPC will become the primary transport option of COVID-19 patients within the U.S. Indo-Pacific Command area of responsibility, Todaro said.

"The Indo-Pacific fight against COVID-19 hot spots is constantly changing throughout AORs," Wiegner said. "With the limited NPC assets available at this time, it is a strategic advantage to posture at Travis AFB as a central logistical hub for NPCs to run missions throughout the Indo-Pacific as needed to evacuate soldiers, sailors, Marines and Airmen so they can get the medical care they need."

As of Aug. 7, AMC's NPC and TIS bio-containment units have transported 190 total patients on 30 separate aeromedical evacuation missions since the first operational use of the TIS on April 10.

1) A Negatively Pressurized Conex hangs from a 35-ton fixed bridge crane Aug. 5 at Travis Air Force Base, California. The NPC is an isolated containment chamber designed to safely transport up to 30 passengers, 24 walking patients or eight patients on a stretcher affected by infectious diseases such as the novel coronavirus.
2) U.S. Airmen assigned to the 60th Aerial Port Squadron use a 35-ton bridge crane to load an NPC onto a Tunnor 60k loader Aug. 5 at Travis.



2



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F-35A jet joins Red Flag-Alaska

**Airman 1st Class
Aaron Larue Guerrisky**
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The 356th Fighter Squadron and 388th Fighter Wing's F-35A Lightning IIs are the first F-35s to participate in the U.S. Pacific Air Forces-sponsored exercise.

"The purpose of Red Flag-Alaska is to provide training

for the aircrew participating on the blue-air side in order to increase mission readiness and prepare them for combat operations," said Lt. Col. Randolph Kinsey, 18th Aggressor Squadron commander.

Unlike recent RF-A exercises, the F-35s have given the 354th FW a chance to have the 'home team' play as blue air to enhance their warfighting capabilities.

"We've been flying F-35s for the past three months and this is the first Red Flag exercise for the 356th FS," said Lt. Col. James Christensen, 356th FS commander.



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Beirut

From Page 5

more than 28,800 military field rations, known as MRE or meals ready to eat, 11,520 bottles of water and two pallets of medical supplies and transported them to Al Udeid Air Base with support of a local Qatari transport company.

"In short notice, ASG-Qatar assembled Soldiers and limited contract support to quickly palletize 11 pallets to be flight-worthy; consisting of water, MREs and medical supplies," said U.S. Army Lt. Col. Elizabeth Pura, ASG-Qatar director of logistics. "I'm truly grateful to the Soldiers and civilians who

stepped up to support the mission. I appreciate our Air Force personnel support from AUAB, it's nice to see a combined effort from all."

Upon their arrival to Al Udeid, the pallets were received by Airmen from the 8th EAMS, and processed for loading onto a C-17 bound for Beirut.

"At a moment's notice, our mobility Airmen and the global air mobility support system stand ready to take action in tough situations like the explosion in Beirut," said U.S. Air Force Lt. Col. Nicholas Lee, 8th EAMS commander. "The 8th EAMS is proud to be able to answer the call to support the Lebanese armed forces and help those in need of supplies with rapid global mobility."

Fitness

From Page 4

It should take the average person no longer than 30 minutes to learn the basics.

Those who would like to participate can email the Travis AFB Retiree Activities Office at raotravis@yahoo.com.

Also, if interested, let the office know in the RSVP about inclusion in the Travis retirees email group. Include retired rank and branch of service in the RSVP. The Travis RAO periodically sends out group emails containing updates to

services and facilities on Travis Air Force Base that affect access to earned benefits.

Those with questions about functional fitness should include them in the RSVP and they will be forwarded them to Collins.

One day prior to the event, the Travis RAO will email a meeting number and a password that is needed to enter through the Zoom interface to join the conference.

The event will last approximately 90 minutes and can accommodate up to 300 participants. Thirty minutes is reserved for the presentation and an hour for questions.

Town hall

From Page 8

the workplace, which he expects will operate much differently in the future.

"We learned a lot of lessons out of this, and there are going to be a lot of things that we don't go back to ever again," Bunch said. "In many ways we had not been as embracing of telework ... alternative work schedules and things like that, as we probably could have been. We're now working on how we open up telework to additional people. We're now looking at how we do our job advertisements for the future to include telework. We're looking ... to see how we reconfigure facilities ... those are just a few of the examples."

Following a brief discussion on the importance of social connection and resiliency, the town hall focus transitioned to diversity and inclusion - two key topics impacting every Airman and civilian across the Air Force.

"Folks, we've got a problem. We've got to own it," Bunch said. "We need to talk to Airmen, but what that really means is we

need to listen. My expectations are that we in command create an environment where every Airman has the opportunity to serve and succeed to their full potential."

Adding to Bunch's sentiments, Cadell addressed the importance of education and learning in the culture change process.

"It's about dignity and respect for everyone we work with, so part of this is going out and learning," Cadell said. "It's finding out some of the barriers that have been out there for folks that maybe we don't even realize. There are some institutional things that are causing frustration for some of our Airmen. And so we, as leaders, are responsible for taking a look at those and trying to remove those barriers."

The town hall continued with a discussion of the importance of operational security in ensuring the Air Force maintains a competitive edge; and discussion on the strategic direction of the command, with an emphasis on the importance of education and training to ensure Airmen are prepared for future leadership roles across the service.

"We're going to drive to

improve. We're going to drive to become more digital," Bunch said. "We're going to continue to do things like try to hire people faster, fill our needs faster, be more agile and get technology into the field at the speed of relevance."

Additional topics addressed during the town hall included upcoming uniform and leave policies, the importance of mental health and resilience, and the importance of taking care of Airmen and their families for mission success.

"We recruit Airmen, both military and civilian ... but we retain families," Cadell said.

The event concluded with both leaders reiterating the importance of self-care and downtime to readiness and mission success.

"Anybody who tells me that they've got work, family, spiritual and fitness and health all aligned, perfectly balanced ... I usually call those people liars," Bunch said. "We're all pulling and tugging and stressed with what we're trying to do. You've got to be deliberate about it (downtime). And you've got to communicate with the family that may be around you ... we need you for the long term."

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Shape

From Page 8

can be that deciding factor nearly doubles our odds in what is already a stacked deck. The time to move out is now."

The guidance updates minimum size design specifications for DAF flight training that is presently based on a 1967 male pilot survey, which stands in stark contrast to current body size statistics according to the Center for Disease Control's National Health Statistic Report for December 2018, Mean Body Weight, Height, Waist Circumference, and Body Mass Index Among Adults: United States, 1999-2000 through 2015-2016.

The 1967 study excludes 44% of the U.S. female population - including 74% of African Americans, 72% of Latino Americans and 61% of Asian Americans - unless they receive a waiver. Although waivers can be granted, the ability to pursue broad aircraft opportunities is limited. For example, the F-15 Eagle currently accommodates only 8.9% of women.

Roper said the guidance "reflects both the important diversity principle and practical necessity of leveraging our nation's entire talent pool" to address long-term military competition.

The guidance requires acquisitions policy language in contracts that will define a minimum accommodation level and encourage companies to suit the widest possible range of statutes as a competitive edge.

As an interim measure, the guidance includes an attachment with eight anthropometric cases to be used as the basis for current compliance. The Air Force Lifecycle Management Center will conduct a new representative survey to supersede the interim guidance and previous studies. AFLCMC's Airman's Accommodations Laboratory is scheduled to embark on a three-year study beginning this fall with career enlisted aviators who currently do not have an anthropometric-based standard.

"This study will finally provide the opportunity to create a stronger, more capable force, utilizing the strengths of a diverse team representative of

our great nation," said Chief Master Sgt. Chris Dawson, Air National Guard CEA career field manager.

The CEA anthropometric study will also provide the opportunity to re-accomplish studies for officer crew positions on the more than 30 CEA aircraft. CEAs make up nearly 35% of the Total Force aviator community and up until now have eliminated candidates based upon the 1967 standard.

Dawson and fellow Air Force Women's Initiatives Team members, Lt. Col. Jessica Ruttenber and Maj. Andrea Harrington, along with Dr. Jennifer Whitestone of the Airman's Accommodation Laboratory, were part of a team to elevate the matter to department leadership to initiate the new guidance.

"This policy is a great sign of forward progress and will be instrumental in changing the future," said Lt. Col. Cathyrine Armandie, Air Education and Training Command chief of rated diversity. "It's incredibly humbling to work with a team that is advancing opportunities for Airmen now and generations to come."

Recover

From Page 7

As Johnson went back to work in December, she at first tried to hide her state of mind and "put on a happy face" to show she was OK. But after going home from work, she wouldn't eat and would feel sad and cry most days.

"I didn't know what normal or happy were anymore," Johnson said.

Then Johnson's leadership stepped in. They supported Johnson's desire to return to work and also encouraged her to seek any additional help she needed. Unit support was important to Johnson and it helped her overcome concerns about seeking various resources to help work through her experiences.

"My leadership would check in on me asking questions like, 'How has it been going?' or 'Is there anything I could do to help you?' And they really meant it," Johnson said. "My supervisor at the time really cared about my well-being."

Her supervisor also made sure she took the time to go to her mental health appointments and that she wasn't scheduled for any work tasks or meetings during those times.

"We have a great relationship and still talk to this day even though he's retired," she said. "He still checks in on me."

With trusted advocates behind her, Johnson turned her life around.

"Treatment helped me regain control over my life," Johnson said.

Seeking help gave her the tools to understand her feelings and how to manage her symptoms.

"I started to recognize my triggers," Johnson said. "I understood when my panic attacks would begin, so I would pause to breathe and use coping techniques, like the 5-4-3-2-1, method to take back control over the situation."

As Johnson started to learn how to manage her invisible wounds, her weekly therapy sessions became biweekly, monthly, and finally, as needed.

Within the first two years of treatment, Johnson completed medication and therapy, after which her therapist told Johnson she could still set up an appointment whenever she needed to talk.

"I still occasionally go to therapy to maintain my mental health and stay resilient," she said. "Seeking treatment definitely helped my career and made my life better overall. ... I'm better able to help myself and others. I've learned to listen and process my emotions and can now take a step back from a situation and process what's going on first before reacting."

Seeking treatment also helped Johnson create a more supportive culture for Airmen at work, especially as she continued to move up the ranks and took on more leadership responsibilities over the last decade. A lot of Airmen now come to her for advice.

"They're comfortable asking me for help or talking with me about personal hardships or challenges in their lives," she said.

Johnson wishes more Airmen would ask for help to look after themselves.

"You can't properly do your job if you're not 100% OK, especially if you're in a leadership position," Johnson said. "It's a snowball effect. Everything starts with you."

Johnson has the following advice for Airmen, caregivers, and leaders.

"Airmen - take care of yourself first," she said. "Never be ashamed of what you went through. Never be ashamed to speak out. Never be ashamed to get help."

"Caregivers - be patient with your Airmen. Encourage them to figure out what works for them, but they have to do the work themselves. Treatment won't be beneficial unless they are willing to do the work to get better."

"Leaders - be empathetic toward your Airmen and be ready to have difficult conversations. Do whatever it takes to create a supportive culture for your Airmen, so they are comfortable and trust you enough to come forward and ask for help."

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1) U.S. Air Force 2nd Lt. Erick Pillock, a registered nurse assigned to COVID Theater Hospital-1, provides care to a COVID-19 positive patient Aug. 10 at Los Angeles County + University of Southern California Medical Center, Los Angeles, California. Pillock is a member of a medical support team deployed from the 60th Medical Group, Travis Air Force Base, California, which integrated with hospital staff to provide additional medical support. 2) U.S. Army Maj. Gen. Michael Stone, commander of Task Force Center-West, tours Harbor-UCLA Medical Center Aug. 7 in Torrance, California. Stone met with hospital administrators and members of the medical support team deployed from Travis' 60th MDG. 3) U.S. Air Force Staff Sgt. Minh Tran, right, a medical technician assigned to COVID Theater Hospital-1, and a civilian colleague discuss a patient file at Los Angeles County + University of Southern California Medical Center Aug. 10 in Los Angeles, California. Tran is a member of a medical support team deployed from the 60th MDG.



60th Medical Group engaged across ... CALIFORNIA

U.S. Army photos by Lt. Col. Charles Calio



Brown

From Page 2

one moving from a decades-long priority on combating and containing terrorism to a new era of great power competition. As part of that new focus, the Air Force and entire U.S. military must be trained, ready and properly equipped to confront, deter and, if necessary, defeat, challenges from Russia and China. It also comes at a time of heightened challenges from North Korea and other geopolitical shifts across Asia.

In his remarks, Brown said he would work to build on Goldfein's accomplishments while also adding his own imprint to assure that the Air Force remains the most advanced, professional and lethal in the world.

"I am committed to addressing today's challenges while preparing for the future so we can better compete, deter, and win," he said, surrounded by an unmistakable lineage of historic aircraft, including a gleaming chrome-plated P-51 Mustang, a fifth-generation F-35 Lightning II and a HH-60G Pave Hawk helicopter. "To do so, we must no longer defer, but must accelerate the needed change and tough choices we've often discussed. We must develop and empower leaders and provide the quality service and quality of life where our Airmen and families can reach their full

potential," he said.

Adding a dose of realism, Brown said, "No doubt there are challenges ahead that will be difficult, but not impossible. I look forward to working with the joint chiefs, providing our best military advice to address challenges the joint force faces today and will face in the future."

As he noted in March when he was nominated to be chief of staff, Brown said again that he will continue to be guided by what he described as his "four tenets" of leadership - execute at a high standard; be disciplined in execution; pay attention to the details; and have fun.

In his farewell remarks, Goldfein, like Brown, listed those who influenced and shaped his career. Among others, he singled out Chief Master Sergeant of the Air Force Kaleth O. Wright, calling him his "wingman."

"Of all the decisions I made as chief, the best by far was hiring Chief Wright," he said.

Goldfein also thanked his wife, Dawn, saying it was a "blessing" to have her "side by side" with him for his entire Air Force journey.

"For the past 37 years, she adjusted her dreams so I could follow mine," he said.

Then, to Brown, Goldfein said, "As I took the chiefs walk for the final time (on Aug. 5), I could not be prouder that a true warrior, leader and personal friend



U.S. Air Force photo/Staff Sgt. Chad Trujillo

Sharene Brown, spouse of incoming Air Force Chief of Staff Gen. Charles Q. Brown Jr., presents the official Air Force chief of staff service cap to her husband during the CSAF transition ceremony Aug. 6 at Joint Base Andrews, Maryland.

will be taking his first walk of the chief tomorrow as chief of staff of the Air Force.

"Congratulations to both of you," Goldfein said. "The future of our Air Force has never looked brighter."



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